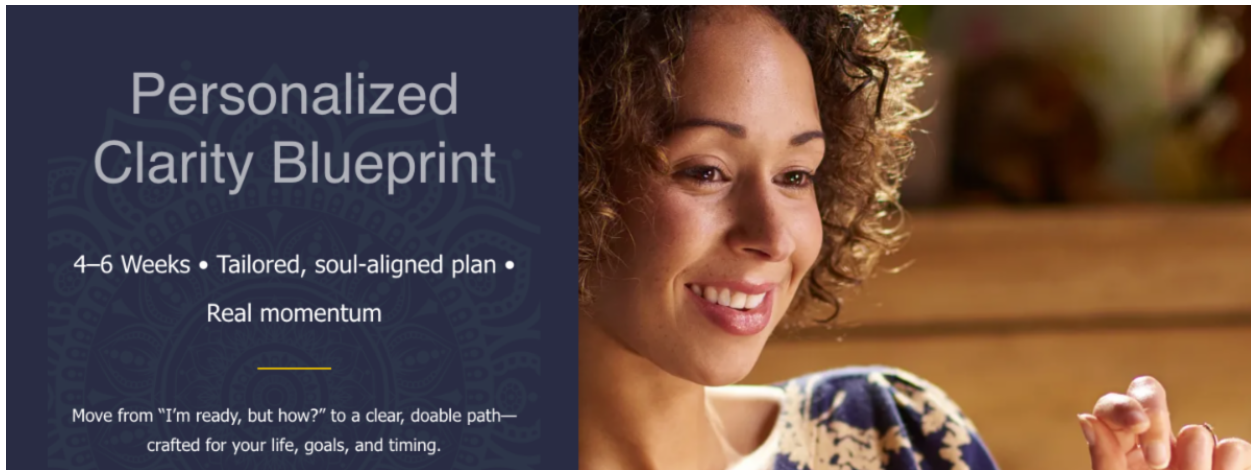


From: Designing Transformation Productions lianne-designingtransformation.com@shared1.ccsend.com
Subject: Move from "I'm ready, but how?" to a clear, doable path—crafted for your life, goals, and timing.
Date: August 13, 2025 at 11:54 AM
To: lianne@designingtransformation.com

DP



Dear Lianne,

Have you noticed how change often calls at the most inconvenient times?

You want something different — a new direction, a deeper purpose, a life that feels more like you — but figuring out how to get there feels overwhelming.

Maybe you've tried before... a new career, a healthier lifestyle, a creative project, or a fresh start. At first, the motivation is high. You dive in with excitement. But then... life gets busy, momentum fades, and you're unsure if you're even heading in the right direction.

It's not that you've failed — transformation is rarely a straight line.

After 15+ years in this work, I've seen the market grow noisier, quick fixes overpromise, and one-size-fits-all programs leave people disheartened. Change stirs up fears and resistance, and without the right guidance, it's easy to stall or lose your way.

Real transformation is more like a river than a highway — winding, shifting, with currents that carry you forward and moments where the water slows. You don't need rigid rules; you need a compass to keep you oriented and a way to flow with the natural rhythm of change.

This is something I explore in much more depth in my latest blog, *Why One-Size-Fits-All Transformation Doesn't Work — And What to Do Instead*. [Read the full article here >>](#)

That's why I created ***The Clarity Blueprint*** — a focused, 4–6 week process to cut through the noise, uncover what truly matters now, and design a path you'll actually follow. No more starting and stopping. No more circling the same mountain. Just a clear, grounded direction that feels like you.

When transformation is needed, supported, and aligned with your life, it lasts. You gain

When transformation is paced, supported, and aligned with your life, it lasts. You gain clarity about who you are, create habits that stick, and step forward with confidence, energy, and purpose.

This is a powerful, personalized process designed to help you:

- Get crystal-clear on what's next for you
- Identify what's holding you back — and clear the way forward
- Create a soul-aligned action plan you can trust
- Step into your next chapter with confidence and focus

Think of it like preparing for a long journey: you'd want the right map, supplies, and route designed just for you. Whether you continue on your own or with me by your side, you'll have a plan that's inspiring and doable.

August Special: The Clarity Blueprint is just **\$555 CAD** (normally \$888) — a \$333 savings. Book now, and you can start in August, September, or early October while still locking in the summer special.

“The Clarity Blueprint offers the structure to guide you and the flow to carry you into the life you're truly meant to live.”

If you've been feeling the pull toward your next chapter, now is the time to follow where it leads.

[Learn More & Book Your Clarity Blueprint](#)

Not Sure Where to Start?

If you're not sure if the Clarity Blueprint is right for you, simply send me a message and tell me what's stirring. I'd be honoured to guide you toward what feels most aligned for where you are now.



[Book a Call with Me](#)



Namaste,

Lianne Bridges

Founder & President, Designing Transformation
Transformation Guide | Author | International Speaker

Helping people break through obstacles, rediscover their passion, and create lives filled with meaning, freedom, and purpose.

[Love Will Keep Us Alive](#) — My memoir of loss



 **Love Will Keep Us Alive** – my memoir of loss, awakening, and the journey back to purpose.

 **Join Our Radiant Sisterhood** – A soulful monthly membership for women walking the path of midlife transformation

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