Lianne Bridges is an International Speaker and Coach, and now, also an Author. Her passion is to inspire others to follow their dreams and live happier and more fulfilled lives, and in so doing, create a ripple effect of positive change in the world. She believes that when connected to our purpose, we harness the power to transform our lives. In her book, Love Will Keep Us Alive, Lianne recounts her own journey of awakening to her life’s mission, sharing the details which are deeply moving and inspirational.

In 1999, Lianne caught the entrepreneurial bug when she launched a successful marketing business. When her husband passed, she closed her business and went on a journey of healing and self-discovery, immersing herself in personal development teachings and spiritual practices. She sensed that her time on Earth was about more than being successful in her own right.

Lianne decided to put her MBA and 30-year track record working for multinationals in service for others. In 2009, she founded Designing Transformation, which supports individuals, business owners and leaders to awaken to their potential through vision, self-empowerment and alignment with their purpose.
Learning to cultivate unconditional love for myself and then for those around me (friend or foe) has helped me to move beyond merely coping and healing from loss to ultimately thriving in my life. It’s my hope that this book can inspire others to believe in their own path and begin living the life we are all meant to live — one of love, passion, fulfillment and magic.